

HEALTH SERVICE:	Sunshine Village

PAIN ASSESSMENT

(Residential Aged Care)

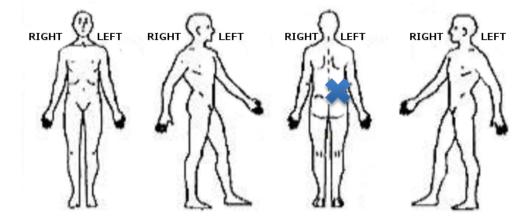
DOCTOR:	Louise Marsh	

Surname	MRN	
JOHNSON	M2435498	
Given Name	DOB	Sex
RON	9/1/54	М
Address 5555 DONOVAN ST, AUGUSTA, WA		Post Code 6290

1. Diagnosis / Reason for Page 1.

L5 S1 Disc Bulge

2. Location: Resident or Carer marks drawing with X to indicate location of pain.



3. Intensity: Resident rates the pain on a scale of 1 – 10 for each statement below.

Pain level at present:	3	0	No pain	5 – 6	Severe pain
The worst pain gets:	8	1 – 2	Mild pain	7 – 8	Very severe pain
Best pain gets:	0	3 – 4	Moderate pain	9 – 10	Overwhelming pain
Acceptable pain level:	2				

4. Physical Assessment:

Moderate lateral curvature of lower spine (L)

Flexed posture in standing

5. Type of Pain: (Use resident's own words, e.g. prick, ache, burn, throb, pull, sharp)

Ache in lower left back

- 6. How long does the pain usually last?
 - 2 3 hours
- 7. What causes or increases the pain?

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MRN

HEALTH SERVICE:	Sunshine	Village	JOH	NSON	M2435498	
PAIN AS	SSESS	SMENT	Give	n Name	DOB	Sex
	ntial Aged		RON		9/1/54	M
DOCTOR			Addr	ess		Post Code
DOCTOR:	Louise Ma	arsn	5555	DONOVAN ST, AUGUSTA, W	A	6290
8. Does the res	ident hav	e pain:		Comments		
At night:	Yes	☐ Sometimes	□ No			j
At rest:	☐ Yes	⊠Sometimes	□ No			/
On movement:	☐ Yes	■ Sometimes	□ No			
Constantly:	☐ Yes		⊠ No			
9. Does pain in	terfere wi	th:				- /
Sleep:	☐ Yes	⊠Sometimes	□ No			
Appetite:	☐ Yes	☐ Sometimes	ĭ No			7
Concentration:	☐ Yes	☐ Sometimes	ĭ No			j
Physical Activity:	☐ Yes	⊠Sometimes	□ No			/
Emotions:	☐ Yes	☐ Sometimes	⊠ No			
Relationship with	☐ Yes	☐ Sometimes	ĭ No			
others (e.g. irritabi	lity):					
10. What relieves	s the pain	ı?				
(What previou	ıs pain cor	ntrol has been effe	ective –	refer to key)		
(What previou	s pain cor	ntrol has been effe	ective –		rvention Code	<i></i>
		ntrol has been effe	ective –		rvention Code G. diversion	
С		ntrol has been effe	ective –	Key to Inte		
С		ntrol has been effe	ective –	Key to Inte	G. diversior	ו
С		ntrol has been effe	ective –	Key to Inte A. position change B. massage	G. diversion	nuchine
С		ntrol has been effe	ective –	Key to Inte A. position change B. massage C. heat	G. diversion H. music I. TENS ma	n achine on (specify)
С		ntrol has been effe	ective –	Key to Inte A. position change B. massage C. heat D. cold	G. diversion H. music I. TENS ma J. medication	n achine on (specify)
C J - Paracetamol				Key to Inte A. position change B. massage C. heat D. cold E. aromatherapy	G. diversion H. music I. TENS ma J. medicatio K. reassura	n achine on (specify)
C J - Paracetamol 11. Complete Ab	bey Pain	Scale for reside	nts dis	Key to Inte A. position change B. massage C. heat D. cold E. aromatherapy F. other:	G. diversion H. music I. TENS ma J. medicatio K. reassura	n achine on (specify) ance
C J - Paracetamol 11. Complete Ab Non Verbal S	bey Pain	Scale for resider	nts dis	Key to Inte A. position change B. massage C. heat D. cold E. aromatherapy F. other: playing non-verbal sign	G. diversion H. music I. TENS ma J. medicatio K. reassura	n achine on (specify) ance
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11. Complete Ab Non Verbal S moaning) 12. Description of	bey Pain signs / De	Scale for resider scriptors (Grimad	nts dis	Key to Inte A. position change B. massage C. heat D. cold E. aromatherapy F. other: playing non-verbal sign	G. diversion H. music I. TENS ma J. medicatio K. reassura s of pain. , agitation, rest	n achine on (specify) ance
11. Complete Ab Non Verbal S moaning) 12. Description of	obey Pain Signs / De Of Pain Ma	Scale for resider scriptors (Grimad	nts dis	Key to Inte A. position change B. massage C. heat D. cold E. aromatherapy F. other: playing non-verbal sign oil from touches, frowning	G. diversion H. music I. TENS ma J. medicatio K. reassura s of pain. , agitation, rest	n achine on (specify) ance
11. Complete Ab Non Verbal S moaning) 22. Description of 1. Encourage re	bey Pain Gigns / De Of Pain Managular cha	Scale for resider scriptors (Grimad) anagement Plan:	nts dis	Key to Inte A. position change B. massage C. heat D. cold E. aromatherapy F. other: playing non-verbal sign oil from touches, frowning	G. diversion H. music I. TENS ma J. medicatio K. reassura s of pain. , agitation, rest	n achine on (specify) ance
11. Complete Ab Non Verbal S moaning) 12. Description of 1. Encourage re 2. Regular Hot F	bey Pain Gigns / De Of Pain Managular cha	Scale for resider scriptors (Grimad) anagement Plan:	nts dis	Key to Inte A. position change B. massage C. heat D. cold E. aromatherapy F. other: playing non-verbal sign oil from touches, frowning	G. diversion H. music I. TENS ma J. medicatio K. reassura s of pain. , agitation, rest	n achine on (specify) ance
11. Complete Ab Non Verbal S moaning) 12. Description of 1. Encourage re 2. Regular Hot F	bey Pain Signs / De Of Pain Ma Egular cha Packs dication v	Scale for resider scriptors (Grimad) anagement Plan:	nts dis	Key to Inte A. position change B. massage C. heat D. cold E. aromatherapy F. other: playing non-verbal sign oil from touches, frowning	G. diversion H. music I. TENS ma J. medicatio K. reassura s of pain. , agitation, rest	n achine on (specify) ance
J - Paracetamol 11. Complete Ab Non Verbal S moaning) 12. Description of 1. Encourage re 2. Regular Hot F 3. PRN Pain Med	bey Pain signs / De of Pain Ma gular cha Packs dication v	Scale for resider scriptors (Grimade) anagement Plan: ange in position a	nts disce, reco	Key to Inte A. position change B. massage C. heat D. cold E. aromatherapy F. other: playing non-verbal sign oil from touches, frowning.	G. diversion H. music I. TENS ma J. medicatio K. reassura s of pain. , agitation, rest	n achine on (specify) ance

Surname